

## Folio Plus 1:1 Alumni extension package

The Folio Community Leadership Program (FCLP) provides a comprehensive and extensive leadership intensive, exposing participants to a range of leadership models and frameworks. The [Rooke & Torbert Leadership Development Framework](#) is a core of the development approach, together with Adaptive Leadership, Immunity to Change, and more. Each model is introduced and adapted to the group, and the group setting becomes a safe “leadership laboratory” to explore and test your own leadership.

This group work is powerfully effective. However, some participants are keen to further explore some of the models of particular relevance to their situation in an individual rather than group setting. To cater for this, we now offer a customised extension package: Folio *Plus*.

Folio Plus is a package of additional 1:1 support which further leverages your leadership learnings, providing individual support to integrate your learnings into your workplace, and augmenting core program content. Folio *Plus* is available to current FCLP participants and recently graduated alumni (2013 and 2014).

Folio *Plus* comprises three coaching sessions, plus a one-on-one Leadership Development Framework (LDF) debrief, plus an additional (longitudinal) administration *and* one-on-one debrief of the LDF, 0-6 months after the start of the Folio *Plus* individual program.

### Part A:

#### **3 x 1:1 coaching sessions with a professional coach from the LV Associate Coaching Team**

One-on-one coaching helps facilitate personal and professional growth and improved performance, and supports the integration of learnings from Folio into your workplace. Your coach helps you reflect on your specific experience in the FCLP program and beyond, and coaches you to maximise your impact for your organisation’s benefit. You can explore your workplace issues in greater detail and in the complete confidence of a one-on-one environment. (Additional and ongoing sessions available separately on request.)

#### **1 x 1:1 personal debrief on your core Leadership Development Framework positioning**

Folio included a thorough group debrief of the Leadership Development Framework. You can leverage that excellent introduction with an intense, personalised experience of the LDF, delving deep into your own leadership position, and outlining a specific personalised plan for your opportunities for development.

### Part B:

#### **1 x Professional re-test and 1:1 personal debrief of your positioning in the LDF**

Research has shown that a vertical learning experience occurring over an extended period of time such as Folio, can transform the individual’s stage of consciousness. Undertaking a re-test in the LDF will enable you to identify your progress since the program, and allows you to reflect on the intense FCLP experience in the context of the important LDF framework. The debrief can also form an ideal basis for an evidence-based discussion with your supervisor about your progress, your impact and your next steps with your organisation.

Enrolment in Folio *Plus* can occur at any time. FCLP’17 members are offered this package at a discounted rate of \$3,241 inc GST, or \$2,950 inc GST for non-profits/individuals (standard commercial pricing would exceed \$5,000).

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