

Women's Leadership Program

The Women's Leadership Program provides an opportunity for participants to pause and experiment, to be curious and to replenish their body and mind over a three-day residential immersive.

The program brings together a group of purposeful women to work through complex leadership challenges and to build the confidence and strategies required to lead with purpose and influence change.

Who is the program for?

- For experienced, mid-to-senior women
- Those looking to develop a diverse and supportive network for peer mentoring



"Completing the Women's Leadership Program has been a highlight of my career. It has allowed me to explore what leadership means to me, provided me with access to a network of amazing leaders across industries, and the opportunity to hear from a variety of keynote speakers who all role-model adaptive leadership in making an impact within their organisations and communities."

- Emma Wu, Head Of Customer Experience (Property Exchange Australia) Women's Leadership Program Graduate

Program Overview

The Women's Leadership Program is a self-actualising program for women, to empower them to achieve beyond their own expectations. During the program we focus on 3 key areas;

- **Self-awareness** is developed through a range of experiential learning activities based on purpose, values, strengths, vulnerabilities and triggers.
- **Empowerment** is the second focus with activities to build your executive presence and develop skills in influence and communicating with impact.
- The **Activation** phase builds your capacity to strategically design your own personal development or activation pathway that is aligned with your personal leadership purpose. During this phase in the program activities will also explore your resilience, networking and connectedness within the cohort and beyond and how to harness the power of collaboration for leadership goals.

Learning Objectives

- Learn the principles and competencies for leadership
- Diagnose the complex challenges in your work or role
- Build your confidence and personal resilience to exercise leadership
- Engage in dialogue with speakers who are in the doing and exercising of purposeful leadership
- Identify your own barriers to change, default behaviours and patterns of thinking in dealing with issues and challenges
- Have the confidence to experiment more, and create the space for others to trial new ideas and approaches
- Become a part of a supportive network of purposeful women leaders

Program Structure

Day 1 :

Outcomes:

- Diagnose what it means to be a woman exercising leadership
- Distinguish between authority and leadership and contemplate how this distinction impacts on how you take up leadership
- Learn Peer Case consultation approach to explore and progress your leadership challenge.

Key Activities:

- Learn and practice peer case consultation
- Hear from speakers on the concept of leadership as an activity

Day 2

Outcomes:

- Build presentation skills to speak persuasively on issues of import to you, your workplace and the community and build skills to negotiate, influence and motivate
- Gain new approaches to progress leadership challenges
- Identify your own barriers to change, default behaviours and patterns of thinking in dealing with issues and challenges

Key Activities:

- Voice coaching and executive presence workshop
- Identify experiments to overcome your own barriers to change and default behaviours

Day 3

Outcomes:

- Explore systemic barriers to women's leadership and develop strategies for the everyday exercise of leadership to progress inclusion
- Gain new approaches to progress leadership challenges
- Build confidence and network of purposeful women leaders

Key Activities:

- Articulate and share your leadership purpose
- Hear from speakers on the topic of inclusion and leadership

Program Inclusions

- Retreat in regional Victoria, Hepburn Springs, [Peppers Mineral Springs Hotel Hepburn](#) (an award-winning, accommodation, bar and restaurant, cellar door and mineral springs property).
- All meals and accommodation (2 nights, private suite).
- Complimentary access to the hot mineral spa onsite.
- Voice coaching and executive presence workshop
- Inspirational and motivational speakers who will share personal and professional stories of leadership.
- A diverse and supportive network of peers from across business, government, and community.



Who is Leadership Victoria?

Leadership Victoria is a trusted, not-for-profit, social enterprise specialising in leadership. We have more than 30 years' experience developing and delivering high quality, engaging and impactful leadership development programs.

We deliver more than 20 diverse programs annually to more than 500 participants with varying experience and responsibility, from executive and senior management teams to team leaders, frontline staff, and emerging leaders.

We work across – and bring together – business, government, and civil society with the aim of developing leaders capable of addressing complex problems and contributing to our vision; purposeful leadership for an inclusive, equitable and sustainable society.

2024 Dates and Pricing



Series 1 | 1, 2, & 3 May 2024

- Early bird | \$4,790* | Enrolments close Tuesday, 12 March 2024
- Not-for-profit | \$4,790* | Enrolments close Tuesday, 9 April 2024
- Standard | \$5,640* | Enrolments close Tuesday, 9 April 2024

*Pricing exclusive of GST.



Series 2 | 20, 21 & 22 November, 2024

- Early bird | \$4,790* | Enrolments close Tuesday, 01 October 2024
- Not-for-profit | \$4,790* | Enrolments close Tuesday, 29 October 2024
- Standard | \$5,640* | Enrolments close Tuesday, 29 October 2024

*Pricing exclusive of GST.